

We are a 501c3 non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The information focuses on issues such as health, financial concerns, legal questions, health facilities, housing options, transportation, exercise programs, advocacy, and more. Support comes from contributions made by individuals (people like you), corporations, and foundations. All contributions are tax-deductible. Your donation is important to us and important to those struggling to find help with elder care in Virginia.

The information is organized on this website, and allows you to search using your city/county or ZIP code. This search identifies those resources available in your community.

The Content provided on the site is offered for informational and educational purposes only, and is not intended to be a substitute for professional legal, financial or medical advice, diagnosis or treatment. Use of this web site does not create a doctor/patient or lawyer/client relationship between you and our organization or any of our editors or Content providers. Instead, the Content is intended to support, not replace, the relationship that exists between you and your lawyer, you and your financial planner, and you and your physician. You should not act upon this information without seeking professional counsel. Always seek the advice of a professional, be it the area of law, finance or medicine.

In addition to the website, we are pleased to partner with our Navigator Centers throughout the state. These Centers voluntarily provide free access and assistance with the website to our friends and neighbors without computers or internet access.

## **Our Family of Sites**

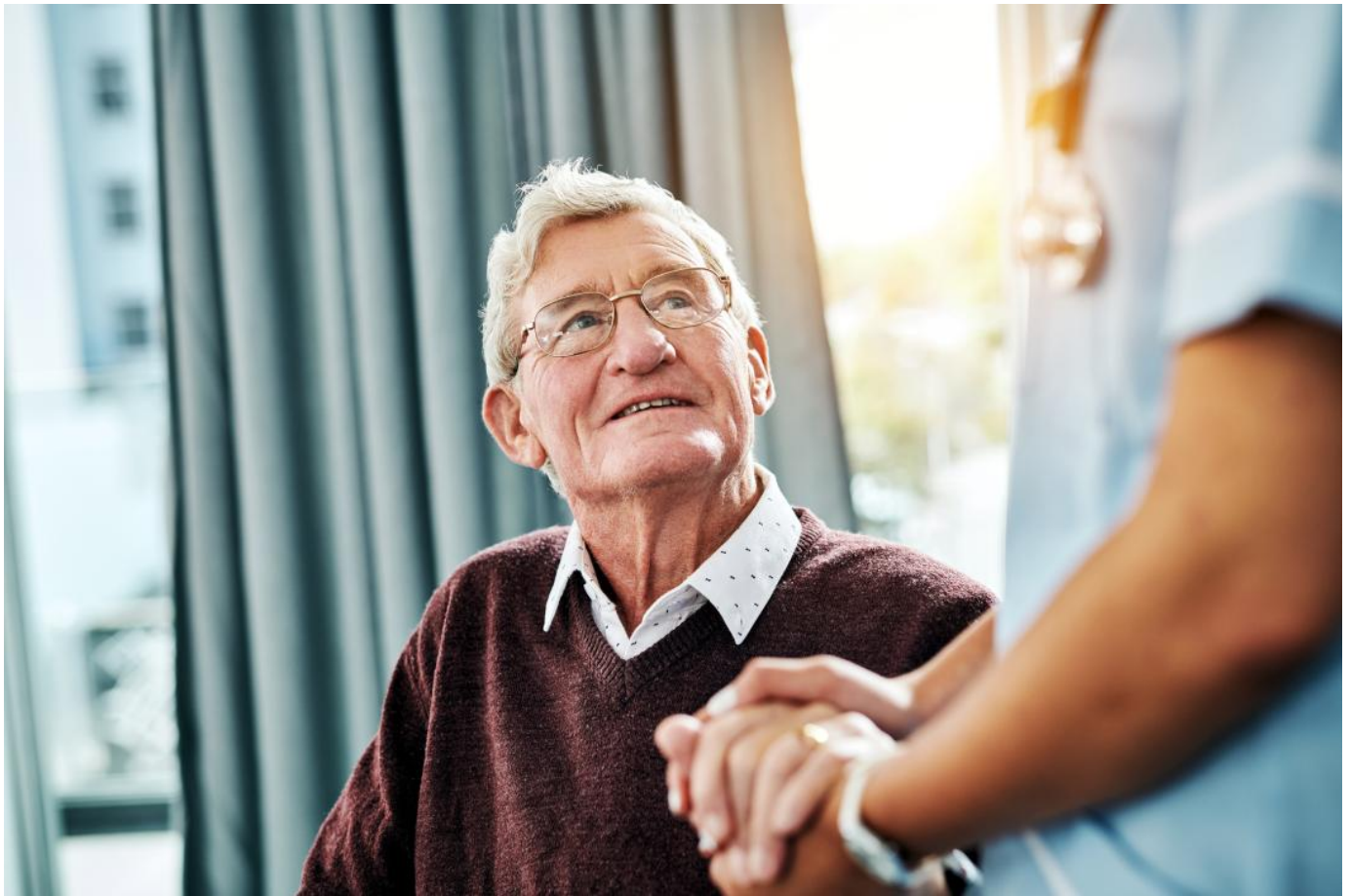
[Image](#)



## [disAbilityNavigator](#)

disAbilityNavigator is the best way to find disability services in Virginia, including personal assistance, accessible housing, benefits and more.

[Image](#)



## **SeniorNavigator**

SeniorNavigator is the trusted guide to healthy aging in Virginia. Search for housing options, transportation programs, caregiving resources, and other services for seniors.

[Image](#)



## [VeteransNavigator](#)

VeteransNavigator helps Virginia veterans and their families navigate post-military life with resources related to benefits assistance, health care, employment training and more.

Get In Touch

Our team is here to help you and your loved ones connect with critical resources. Connect with us online or by phone.

[Contact Us](#)

[View PDF](#)